



Anonymous Survey

Study title: **Identifying Correlations between Race and Ethnicity and Perceptions of Physiotherapy Telerehabilitation in People with Parkinson's**

REC Reference Number: 2025.0019

We are a group of BSc Physiotherapy students working with our primary research supervisor, James Alexander, senior lecturer in physiotherapy, at the City St George's University of London School of Health and Medical Sciences. I would like to invite you to participate in this anonymous survey that forms part of our BSc degree. You should only participate if you want to; choosing not to take part will not disadvantage you in any way.

Before you decide whether you want to take part, it is important for you to understand why the research is being done and what your participation will involve. Please take time to read the following information carefully and discuss it with others if you wish. You are welcome to ask any questions if there is anything that is not clear or if you would like more information.

This study has been given a favourable ethical opinion by the St George's School Research Ethics Committee.

What is the purpose of the study?

The aim of this study is to identify if there are correlations between race and ethnicity and perceptions of physiotherapy telerehabilitation.

We are specifically interested in analysing any differences in perceptions of physiotherapy via telerehabilitation between different races and ethnicities.

The NHS Long Term Plan advocates for greater use of telehealth to manage health conditions. This research may give better insight on how to shape how telerehabilitation is conducted in the future.

Why have I been invited to take part?

We are inviting people who have a diagnosis of idiopathic Parkinson's Disease, are aged 18+ and have used UK-based physiotherapy via telerehabilitation health services (video calls, phone calls, or mobile applications). We also welcome individuals who fit the above criteria to have support from carers to complete the questionnaire.

We are aiming to recruit 25 participants for this study.

Do I have to take part?



No, participation is voluntary. Please read the information sheet and contact the research team if you have any questions.

What will happen to me if I take part?

If you choose to take part in this study, you will be given access to a questionnaire which will take approximately 15 minutes to complete. You will be asked to read the consent form and confirm your understanding by ticking a checkbox. You will then have access to the questionnaire and will be able to complete this in your own time (before 16/03/2025). You are free to withdraw participation without reason up until submission of the questionnaire. After submission, we will be unable to identify your data due to the anonymity of this study and will not be able to withdraw your participation.

You will not be asked for personal identifying information and we will not require contact details. You will not be contacted by us for future research or any other reasons. Incomplete questionnaires will not be used in our study.

What are the possible benefits and risks of taking part?

The questionnaire will include questions relating to demographics, your diagnosis and your experiences of physiotherapy via telerehabilitation. If these topics cause you distress and you require support, please access the following resources. Further support for mental health can be accessed via your GP:

Parkinson's UK: <https://www.parkinsons.org.uk/information-and-support/emotional-support-and-counselling>

Mind: <https://www.mind.org.uk/information-support/helplines/>

There is no compensation given for participating in this study, however, your participation will give insight into different perceptions of this treatment (where there is a lack of research currently).

The project is being funded by City St George's University of London.

What if something goes wrong?

The university has the relevant insurance policies in force which apply to this study. If you wish to complain or have any concerns about any aspect of the way you have been treated during this study, you can use the contact details below for further advice and information:

James Alexander:
jalexand@sgul.ac.uk
St George's University of London
Cranmer Terrace, London SW17 0RE



Who should I contact for further information?

If you have any questions or require more information about this study, please contact us using the following contact details:

James Alexander: jalexand@sgul.ac.uk

Senior Lecturer in Physiotherapy, City St George's University of London

Tel: 020 8725 0321

What data will be collected? How and where data will be stored? How long data will be kept?

No 'personal data' will be gathered in this study. This study will collect 'special category data', such as demographic data, and your perceptions and experiences of physiotherapy via telerehabilitation. Data will be handled securely on a password protected drive that is only accessible to those involved in the study. Data will be deleted after 5 years.

Who is Handling My Data?

City St George's University of London as the sponsor, will act as the 'Data Controller' for this study. We will process your data on behalf of the controller and are responsible for looking after your information and using it properly. This information will include demographics, your diagnosis and perceptions on physiotherapy via telerehabilitation. We will use this information as explained in the 'What is the purpose of the study' section above.

What happens if I change my mind?

You are free to withdraw participation without reason up until submission of the questionnaire. After submission, we will be unable to identify your data due to the anonymity of this study and will not be able to withdraw your participation. It is not possible to accommodate a withdrawal after the submission of your questionnaire.

You can find out more about how we use your information:

<https://www.sgul.ac.uk/privacy>

Or contact our university Data Protection Officer at:

Email: dataprotection@sgul.ac.uk

Tel: 020 8725 0668

What will happen to the results of the study?

The information provided will be analysed and written up as a part of our university module assessment. We will produce a final report summarising the main findings of the study.



Participants will have the opportunity to request access to research findings after the completion of this project and prior to July 2025. Participants will be provided contact details of the project supervisor on the PIS and will be able to contact them for this information. The research project may be submitted for presentation at the 2025 CSP student conference.

Will my data be used for future research?

No personal identifying data will be collected or stored. The data provided will not be used for future research, will not be shared with other researchers, and will be deleted in 5 years.

What if I want to complain about the way data is handled?

If you wish to raise a complaint on how we have handled your personal data, you can contact our Data Protection Officer who will investigate the matter. If you are not satisfied with our response or believe we are processing your personal data in a way that is not lawful you can complain to the Information Commissioner's Office (ICO) (<https://ico.org.uk/>).

Data Protection Privacy Notice

St George's University London conducts research to the highest standards of research integrity. As a publicly-funded organisation, the University has to ensure that it is in the public interest when we use personally-identifiable information about people who have agreed to take part in research. The University's data protection policy governing the use of personal data by the University can be found on its website (<https://www.sgul.ac.uk/about/our-professional-services/information-services/information-governance/data-protection/data-protection-policy>).

Any personal data we collect in this study will be used only for the purposes of carrying out our research and will be handled according to the University's policies in line with data protection law. If any personal data is used from which you can be identified directly, it will not be disclosed to anyone else without your consent unless the St George London University is required by law to disclose it.

For the purposes of data protection law, the University is the 'Data Controller' for this study, which means that we are responsible for looking after your information and using it properly. It will keep identifiable information about you for 5 years after the study has finished after which time any link between you and your information will be removed.

Thank you for reading this information sheet and for considering taking part in this research.