



Parkinson's UK information resources catalogue



If you've just been diagnosed with Parkinson's, or you know someone who has, we've got information and support to help.

We've worked with health professionals and people with Parkinson's to develop a range of resources to help answer your questions.

To read our information online, visit [parkinsons.org.uk information-and-support](https://parkinsons.org.uk/information-and-support)

How to order

To order any of our printed resources for free, call **0330 124 3250** or email resources@parkinsons.org.uk.

You can also shop online at shop.parkinsons.org.uk
If you need any information in large print, please email healthcontent@parkinsons.org.uk

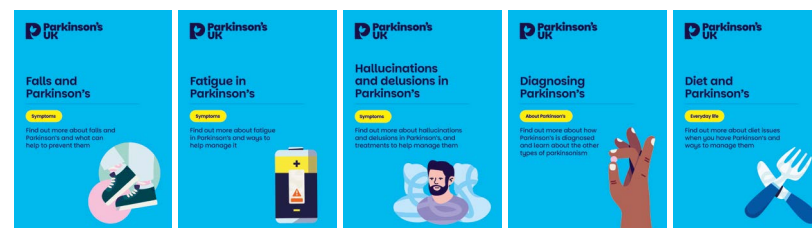
If you need one of our resources in another language call our helpline on **0808 800 0303** or email hello@parkinsons.org.uk

Your charity. Your community

Become a member of Parkinson's UK and join a powerful movement of people across the UK, all here to support each other, improve lives, and find a cure.

There's no membership fee. You can choose to add a donation when you sign up, as we rely on our brilliant supporters to fund our life changing work. But all members enjoy the same benefits, whether or not you've donated.

It takes just a few minutes to fill out our online form at parkinsons.org.uk/join. Or call our Supporter Care Team on **0800 138 6953**.



About Parkinson's

A quick introduction to Parkinson's ([INFOB1001](#))

Alert card ([INFOB1001](#))

Alert card (Hard of hearing) ([INFOB1002](#))

Diagnosing Parkinson's ([INFOB1009](#))

Easy read information about Parkinson's ([INFOB1013](#))

Parkinson's UK information resources catalogue
([INFOB1029](#))

Newly diagnosed pack (includes Parkinson's and you, Our support services leaflet, Being active with Parkinson's, Get involved with research, Membership pack) ([INFOP1014](#))

Our support services ([INFOB1055](#))

Parkinson's and you: a guide for people new to the condition ([INFOB1036](#))

Preparing for end of life ([INFOB1041](#))

Supporting someone with Parkinson's ([INFOB1048](#))

Treatments, therapies and side effects

Apomorphine ([INFOB1003](#))

Deep brain stimulation ([INFOB1007](#))

Drug treatments for Parkinson's ([INFOB1012](#))

Impulsive and compulsive behaviours in Parkinson's ([INFOB1026](#))

Parkinson's medication card ([INFOP1015](#))

Parkinson's speech and language therapy ([INFOB1047](#))

Physiotherapy and Parkinson's ([INFOB1040](#))

Occupational therapy and Parkinson's ([INFOB1034](#))

Wearing off and involuntary movements in Parkinson's ([INFOB1053](#))

Symptoms

Anxiety and Parkinson's ([INFOB1002](#))

Depression and Parkinson's ([INFOB1008](#))

Eating, swallowing and managing saliva in Parkinson's ([INFOB1014](#))

Eyes and Parkinson's ([INFOB1016](#))

Falls and Parkinson's ([INFOB1017](#))

Fatigue in Parkinson's ([INFOB1018](#))

Footcare and Parkinson's ([INFOB1019](#))

Freezing in Parkinson's ([INFOB1020](#))

Hallucinations and delusions in Parkinson's ([INFOB1023](#))

Looking after your bladder and bowels ([INFOB1030](#))

Low blood pressure and Parkinson's ([INFOB1031](#))

Mouth and dental issues in Parkinson's ([INFOB1032](#))

Pain in Parkinson's ([INFOB1035](#))

Restless legs syndrome and Parkinson's ([INFOB1043](#))

Sleep and night-time problems ([INFOB1045](#))

Skin and sweating problems in Parkinson's ([INFOB1044](#))

Speech and communication problems in Parkinson's ([INFOB1046](#))

Thinking and memory changes in Parkinson's ([INFOB1050](#))

Tremor and Parkinson's ([INFOB1051](#))

Everyday life

Daily living equipment for people with Parkinson's ([INFOB1006](#))

Diet and Parkinson's ([INFOB1010](#))

Driving and Parkinson's ([INFOB1011](#))

Going into hospital ([INFOB1022](#))

Help with getting around ([INFOB1025](#))

Relationships, sex and Parkinson's ([INFOB1042](#))

Work and Parkinson's ([INFOB1054](#))

Money, grants and benefits

Attendance Allowance ([INFOB1004](#))

Carer's Allowance ([INFOB1005](#))

Employment and support allowance ([INFOB1015](#))

General information about benefits ([INFOB1021](#))

Help with Council Tax ([INFOB1024](#))

Pension Credit ([INFOB1038](#))

Personal Independence Payment ([INFOB1039](#))

Universal Credit ([INFOB1052](#))

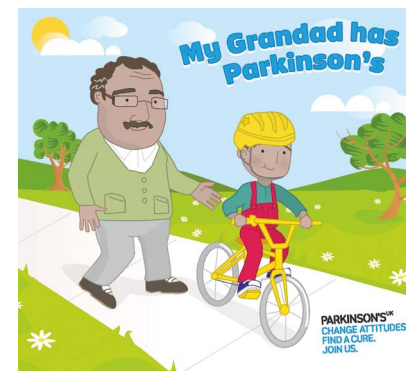
Children's books



My Dad has Parkinson's
([INFOP1008](#))



My Gran has Parkinson's
([INFOP1009](#))



My Grandad has Parkinson's
([INFOP1010](#))



My Mum has Parkinson's
([INFOP1011](#))

Get It On Time materials

Our resources from the Get It On Time campaign can support you or a loved with Parkinson's with preparing for a hospital stay and getting your medication on time.

Get It On Time laminated clock flyer [\(A5\) \(INFOP1003\)](#)

Get It On Time laminated clock poster [\(A4\) \(INFOP1004\)](#)

Get It On Time stickers [\(A5\) \(INFOP1005\)](#)

Get It On Time stickers [\(A4\) \(INFOP1006\)](#)

Get It On Time washbag [\(INFOP1007\)](#)

Get It On Time washbag, with inserts (includes Going into hospital, Parkinson's medication card, Get It On Time laminated clock flyer [\(A5\)](#), Get It On Time stickers [\(A5\) \(INFOP1007\)](#))

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We're Parkinson's UK,
the charity that's
here to support every
Parkinson's journey.
Every step of the way.

Free confidential helpline **0808 800 0303**
Monday to Friday 9am to 6pm,
Saturday 10am to 2pm (interpreting available)
Relay UK **18001 0808 800 0303** (for textphone users only)
hello@parkinsons.org.uk | parkinsons.org.uk

Parkinson's UK, 50 Broadway, London SW1H 0DB



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Parkinson's UK is the operating name of the Parkinson's Disease Society of the United Kingdom.
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