## Formation and Development of the

### **Our Mission Statement**

"Improving the lives of people with Parkinson's by enabling and inspiring pharmacy teams to play an active role in Parkinson's management across all clinical settings"



# PDSPN Parkinson's Disease

Specialist Pharmacy Network

Helping PWP's access

specialist clinics led by pharmacists who can

prescribe medications for Parkinson's and manage the condition as independent and

responsible practitioners

How different pharmacy

services support person-

centred care for PWP's...



UK PARKINSON'S **Excellence** Network Awards

28 Oct 2021



### **Our Aims**

**P**rovide a National Network for Pharmacists and Pharmacy technicians

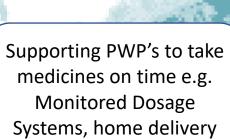
**D**evelop, signpost and contribute to training and education of the Pharmacy team

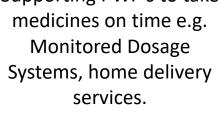
Strive to improve the patient experience as the Pharmacy team are often the first point of contact

**P**romote the profile and awareness of the Pharmacy team in the management of Parkinson's

National regular educational conferences for Pharmacists and their teams

Monitored Dosage







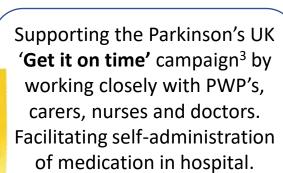
Promoting specialist multi-

disciplinary team working<sup>2</sup>

PD

Providing expert advice, counselling and and holistic support for all medication needs. Signposting and referral to other services.

Delivering enhanced services and consultation to meet the needs of PWP's e.g. Discharge Medicines Service, Healthy Living Pharmacies. The New Medicine Service (NMS) aims to support people with long-term conditions, including Parkinson's.





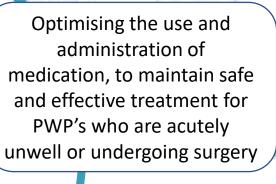
Janine Barnes MBE PhD IP FRPharmS – Dudley Group NHS Foundation Trust **Stephanie Bancroft** BSc MRPharmS – Community Pharmacist NW London Nirav Sheth MPharm IP MRPharmS – University Hospitals of Leicester NHS Trust



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**Hospital & Specialist** Pharmacy services<sup>6</sup>







Nurturing collaboration between vital

healthcare services within PCNs<sup>1</sup>, and working towards achieving a local Integrated Care System



Facilitating a seamless personcentred journey between all health and care sectors. Pharmacists work independently to prescribe medications and undertake clinical examination.

Offering pharmacist-led support for care home residents, contributing efforts that reduce the risk of admission to hospital.



### **Objectives**

We formed the Parkinson's Disease Specialist Pharmacy Network (PDSPN) in October 2018 to upskill pharmacists and their teams, in the management of Parkinson's. This is particularly important because pharmacists are frequently the first point of contact for people with Parkinson's (PWP's) and medication is often complex and of paramount importance to them. In 2019, several areas of improvement that could assist management of Parkinson's were identified by a Parkinson's UK Audit Report. The work of the PDSPN aims to facilitate improvements in these areas: specialised multi-disciplinary team working; standardised practices; communication and information sharing via the Parkinson's UK online forum known as BaseCamp; medicines management and supporting the workforce to ensure they are well trained in the provision of care. As pharmacists we aim to improve medicines management and support for PWP's by upskilling all professions involved in their care.

### Intervention

In 2018 Janine Barnes formed and currently chairs the PDSPN Steering Committee with other highly experienced pharmacists and we have PWP's representation too. The committee meets regularly, to oversee the running of the network and formulate our plans to host regular conferences. Since our first conference in October 2019 we have grown to 270 members across the UK. Our initial conference had excellent delegate feed-back, with the presentation from the PWP's being particularly well received and very powerful. We send regular newsletters and held a Parkinson's quiz for World Parkinson's Day on April 11th 2021, which was very popular.

### **Outcomes & Next Steps**

We are now working on the format of our next conference to be held early in 2022. Our inaugural conference was dedicated predominantly to pharmacists and their teams, and we also had representation from PWP's. We are now planning to include other healthcare professionals so that education about Parkinson's can be shared more widely amongst all the professions that are involved in the care of PWP's. We also plan to host workshops and interaction sessions within the conference. Our next conference will incorporate sessions on the new primary care networks (PCN) and education for the new roles that pharmacists and physiotherapists are taking to improve best practice. Opening the conference up to other professions will also be helpful for specialised multidisciplinary team working. The PDSPN plans to support educational materials to help pharmacists and other professionals post prescribing qualifications. Our intention is to share education and increase understanding regarding Parkinson's medicines management amongst other healthcare professionals involved in the care of PWP's to improve multidisciplinary team working<sup>2</sup> and professional relationships in the care of PWP's.

Cultivating closer working links and referral pathways between pharmacy and the MDT, including dieticians, physiotherapists, speech & language, occupational therapists, psychologists etc.

Adding value through working

alongside medical teams,

consultants and specialist

nurses e.g. participating in

hospital ward rounds and joint

follow-up clinics.

How the PDSPN will support the team of healthcare professionals to deliver integrated, specialist multi-disciplinary care for PWPs...

Strengthening the involvement of pharmacy teams in MDT decisions about the care of PWP's.

> Communicating new information to members e.g. newsletters, World Parkinson's Day events,

Reducing unwarranted variation in access to new drugs, improving shared-care across health sectors, and promoting evidence-based best practice.

Pharmacy-led involvement in clinical research, projects and audit<sup>7</sup> to improve quality and outcomes for PWP's in all settings.

Standardising practice & supporting person-centred care

> Addressing the NICE quality standards<sup>2</sup>, supporting shareddecision making and proactively responding to feedback from PWP's and carers to improve services.

Sharing information & providing education opportunities<sup>4</sup>

Hosting the 2019 PDSPN conference with expert speakers and industry support, covering a range

blogs on BaseCamp.

Utilising the BaseCamp platform to promote the role of pharmacy, and give expert support for non-specialist pharmacy teams & other healthcare professionals

# of topics.

### Why pharmacists and their teams are important for PWP's...

- Medication plays a critical role for managing Parkinson's symptoms
- Pharmacists are experts in the use and optimisation of medications
- healthcare professionals

What do PWP's think of pharmacists?

Pharmacists are one of the most accessible

### My Pharmacist...

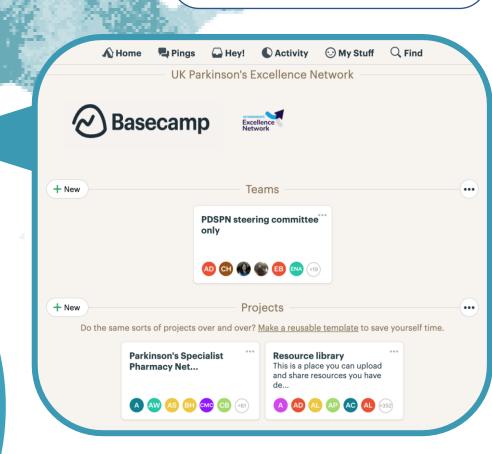
"..has helped me understand my medication so much better"

"..is much more accessible than nurses or neurologists"

> "..is available in the community at weekends if I'm struggling"

"...should be part of every Parkinson's team"

> ".. is very knowledgeable about medication"



### What's in the pipeline...

Delivering the next PDSPN conference (March 2022) Supporting development of online training modules Upskilling community pharmacists for NMS, and also GP and PCN pharmacists for general Parkinson's care Q&A service and specialist advice via BaseCamp

Recruiting GP pharmacist to our steering committee

2. Parkinson's Disease in adults NICE Guidelines (https://www.nice.org.uk/guidance/ng71) 3. Parkinson's UK Get it on Time (https://www.parkinsons.org.uk/get-involved/get-it-time) 4. Barnes, J. 2018. Parkinson's disease: management and guidance. Clinical Pharmacist. Vol 8; 10: p237-242 5. Barnes, J. 2012. Neurology patients benefit from pharmacist input in primary care. Clinical pharmacist.

7. Bancroft, S. 2016. Parkinson's disease-specific medicines use review. Clinical Pharmacist. Vol 9; 1;

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## References 1. Primary Care Network (https://www.england.nhs.uk/primary-care/primary-care-networks)

6. Barnes, J. 2011. Benefits of being a specialist pharmacist. The Pharmaceutical Journal. Vol 287; p470-472