

## Printable Patient Audit sheet

Use this to record your patient cases before entering the data on the online tool.

1. Demographics		
1.1	Patient identifier	
1.2	Gender	<ul style="list-style-type: none"><li>• Male</li><li>• Female</li><li>• Other/patient prefers not to say</li></ul>
1.3	Ethnicity	<ul style="list-style-type: none"><li>• White<ul style="list-style-type: none"><li>○ British,</li><li>○ Irish</li><li>○ Traveller</li><li>○ Any other White background)</li></ul></li><li>• Asian/Asian British<ul style="list-style-type: none"><li>○ Bangladeshi</li><li>○ Chinese</li><li>○ Indian</li><li>○ Pakistani</li><li>○ Any other Asian background</li></ul></li><li>• Black/Black British<ul style="list-style-type: none"><li>○ African</li><li>○ Caribbean</li><li>○ any other Black background</li></ul></li><li>• Mixed/multiple ethnic backgrounds<ul style="list-style-type: none"><li>○ mixed - White and Black</li><li>○ mixed White and Asian</li><li>○ mixed any other background)</li></ul></li><li>• Other<ul style="list-style-type: none"><li>○ Arab</li><li>○ Other</li><li>○ prefer not to say</li></ul></li></ul>
1.4	Year of birth	
1.5	What setting does this client live in?	<ul style="list-style-type: none"><li>• Own home</li><li>• Residential care home</li><li>• Nursing home</li><li>• Other (please specify)</li></ul>
1.6	In what health setting was the patient seen?	<ul style="list-style-type: none"><li>• NHS – outpatient</li><li>• NHS – community</li><li>• Private clinic</li><li>• At home</li><li>• Other (please specify)</li></ul>

1.7	Parkinson's phase	<ul style="list-style-type: none"> <li>• Diagnosis</li> <li>• Maintenance</li> <li>• Complex</li> <li>• Palliative</li> </ul>
<b>2. Referral</b>		
2.1	Year of Parkinson's diagnosis	
2.2	Has the person received previous physiotherapy specifically for Parkinson's?	<ul style="list-style-type: none"> <li>• Yes (go to Q 2.3)</li> <li>• No, (skip to Q 3.1)</li> <li>• Offered but declined (skip to Q3.1)</li> <li>• Unknown (skip to Q3.1)</li> </ul>
2.3	Date of the first physiotherapy referral letter following initial diagnosis	(dd/mm/yyyy)
<b>3. Time from referral to initial assessment in this episode</b>		
3.1	Length of time between referral and the initial assessment in this episode (number of days)	
3.2	Was the referral urgent or routine?	<ul style="list-style-type: none"> <li>• Urgent</li> <li>• Routine</li> <li>• Unknown</li> </ul>
3.3	Date of initial physiotherapy assessment in this episode	(dd/mm/yyyy)
3.4	Did it meet your local standard for time from referral to initial assessment for urgent or routine?	<ul style="list-style-type: none"> <li>• Yes</li> <li>• No</li> <li>• No local standard</li> </ul>
3.5	Were reports made back to the referrer/other key people at the conclusion of the intervention period (or in interim reports where treatment lasts a longer time)?	<ul style="list-style-type: none"> <li>• Yes</li> <li>• No, but will be done at the end of this intervention</li> <li>• No</li> </ul>

#### 4. Implementation of national recommendations

4.1	Do the physiotherapy notes include an action/goal plan?	<ul style="list-style-type: none"> <li>• Yes</li> <li>• No</li> </ul>
4.2	Were Parkinson's-specific outcome measures used in this case?	<ul style="list-style-type: none"> <li>• Yes (go to Q4.3)</li> <li>• No (go to Q4.4)</li> </ul>
4.3	If yes, please tick all that apply	<ul style="list-style-type: none"> <li>• UPDRS</li> <li>• MDS – UPDRS</li> <li>• Lindop Parkinson's Assessment (LPAS)</li> <li>• Berg</li> <li>• Six minute walk distance</li> <li>• 10 metre walk</li> <li>• Time Up and Go (TUG)</li> <li>• Modified Parkinson's Activity Scale (M-PAS) Gait</li> <li>• Modified Parkinson's Activity Scale (M-PAS) Chair</li> <li>• Modified Parkinson's Activity Scale (M-PAS) Bed</li> <li>• Activities Balance Confidence scale (ABC)</li> <li>• Retropulsion Test</li> <li>• Push &amp; Release Test</li> <li>• Tragus to wall</li> <li>• Five times sit to stand test (FTSTS)</li> <li>• Dynamic Gait index</li> <li>• Functional Gait Assessment</li> <li>• New Freezing of Gait Questionnaire</li> <li>• Rapid turns test</li> <li>• History of Falls Questionnaire</li> <li>• 3-Step Falls Prediction model</li> <li>• Goal attainment scaling</li> <li>• The Falls Efficacy Scale - International (Short FES-I)</li> <li>• Mini BEST</li> <li>• EQ-5D tool</li> <li>• Patient Specific Index for Parkinson's Disease (PSI-PD)</li> <li>• Other (please list)</li> </ul>
4.4	If no, why were no outcome measures used? (free text)	
4.5	Was exercise advice/intervention offered to this individual?	<ul style="list-style-type: none"> <li>• Yes</li> <li>• No</li> </ul>

	If yes, please tick all that apply	<ul style="list-style-type: none"> <li>• High intensity</li> <li>• LSVT-BIG</li> <li>• Parkinson's wellness and recovery (PWR)</li> <li>• Boxing</li> <li>• Alexander Technique</li> <li>• Tai Chi</li> <li>• Other (please specify)</li> </ul>
<b>5. About the physiotherapist</b>		
5.1	What band (grade) is the physiotherapist who carried out the initial assessment of this person?	<ul style="list-style-type: none"> <li>• 4</li> <li>• 5</li> <li>• 6</li> <li>• 7</li> <li>• 8a</li> <li>• 8b</li> <li>• 8c</li> <li>• Other</li> </ul>
5.2	Approximately what percentage of people seen by the audited physiotherapist in a year have Parkinson's?	<ul style="list-style-type: none"> <li>• 0-19%</li> <li>• 20-39%</li> <li>• 40-59%</li> <li>• 60-79%</li> <li>• 80-99%</li> <li>• 100%</li> <li>• Unknown</li> </ul>
<b>6. Evidence base</b>		
	Which of the following did the audit therapist use to inform clinical practice or guide intervention?  (Tick all that apply)	<ul style="list-style-type: none"> <li>• Clinical experience</li> <li>• Advice from colleague or supervisor</li> <li>• European Physiotherapy Guideline for Parkinson's Disease (2013)</li> <li>• Quick Reference Cards (UK 2009)</li> <li>• Information from Parkinson's UK website</li> <li>• NICE – Parkinson's disease: diagnosis and management in primary and secondary care (2017)</li> <li>• Published evidence in a peer reviewed journal (read within last 12 months)</li> <li>• Postgraduate training (e.g. attending courses/lectures specific to Parkinson's) within the last 12 months</li> <li>• Other (please state)</li> <li>• None</li> </ul>