

Information resources

Order form

April 2019

PARKINSON'S^{UK}
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How to order

You can help us to save money by reading our most up-to-date information online at parkinsons.org.uk/informationssupport.

If you're not online or would prefer printed copies, all our resources can be ordered free of charge, with free delivery in the UK. If you live overseas, please ask us about postage costs.

To order, complete this form in **BLOCK CAPITALS** and send it to:

Parkinson's UK
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Or, shop online at shop.parkinsons.org.uk, email resources@parkinsons.org.uk or call **0300 123 3689**.

Donations

Our resources are free of charge, but if you wish to make a donation, please enter your details on the back page. We accept donations by Maestro, Mastercard, Visa, cheque and postal order. **Please do not send cash in the post.**

Large print versions

If you need our information in large print, please let us know when you place your order. To keep our costs down, we don't hold stocks of these, but we can produce them for you individually.

Other languages

If you need one of our resources in another language that isn't listed on this form, call the helpline on **0808 800 0303** for advice.

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*Providing your phone number or email address will help us to contact you quickly if we have a question about your order.

Can we contact you?

We'd love to stay in touch about the work we're doing to lead the fight against Parkinson's, including our services, fundraising, campaigning, clinical research and volunteering, as well as opportunities to have your say. We will not sell your details to third parties.

Yes, you may use my email address to contact me

We would like to contact you by post, but if you don't want to hear from us in this way, or you would like to change your contact preferences, please let us know by calling us on 0800 138 6593.

At Parkinson's UK we want to be very clear about how we use, store and protect your personal data, which you can read about at parkinsons.org.uk/privacy.

Resources in other languages and accessible formats are listed together at the end of this form.

Description	Code	Quantity
About Parkinson's		
A quick introduction to Parkinson's	PKL001	
Diagnosing Parkinson's	PKFS48	
Easy read information about Parkinson's	PKB501	
New to Parkinson's? DVD	PKV012	
Parkinson's alert card	PKM014	
Parkinson's alert card for those with hearing difficulties	PKM014D	
Parkinson's and you (including PKB023 resources guide)	PKB181	
Taking control of your life with Parkinson's	PKB503	
Types of Parkinsonism	PKFS14	
Symptoms and lifestyle		
Anxiety and Parkinson's	PKFS96	
Daily living equipment for people with Parkinson's	PKWB22	
Dementia with Lewy bodies	PKFS33	
Depression and Parkinson's	PKFS56	
Diet and Parkinson's	PKB065	
Driving and Parkinson's	PKB064	
Eating, swallowing and saliva control in Parkinson's	PKFS22	
Eyes and Parkinson's	PKFS27	
Falls and Parkinson's	PKFS39	
Fatigue and Parkinson's	PKFS72	
Foot care and Parkinson's	PKFS51	
Freezing in Parkinson's	PKFS63	
Hallucinations and delusions in Parkinson's	PKFS11	
Impulsive and compulsive behaviour in Parkinson's	PKFS77	
Intimate relationships and Parkinson's	PKB034	
Living alone with Parkinson's	PKFS29	
Living with Parkinson's	PKB077	
Looking after your bladder and bowels when you have Parkinson's	PKB060	
Low blood pressure and Parkinson's	PKFS50	
Mild memory and thinking problems in Parkinson's	PKFS95	
Monitoring your Parkinson's	PKFS69	
Mouth and dental issues in Parkinson's	PKFS98	
Muscle cramps and dystonia	PKFS43	
Pain in Parkinson's	PKFS37	
Parkinson's dementia	PKFS58	
Preparing for end of life: a practical and emotional guide	PKB092	
Restless legs syndrome and Parkinson's	PKFS83	
Skin and sweating problems in Parkinson's	PKFS40	
Speech and communication problems in Parkinson's	PKFS06	

Resources in other languages and accessible formats are listed together at the end of this form.

Description	Code	Quantity
Symptoms and lifestyle (continued)		
Sleep and night-time problems in Parkinson's	PKB070	
Talking to children about Parkinson's	PKFS66	
Talking to people about Parkinson's	PKFS88	
Thinking about advanced Parkinson's	PKB003	
Tips and hints for people with Parkinson's	PKB011	
Tremor and Parkinson's	PKFS94	
Using computers and the internet	PKFS60	
Wearing off and involuntary movements (dyskinesia)	PKFS73	
Work and Parkinson's	PKB103	
Treatments and therapies		
Apomorphine	PKFS26	
Complementary therapies and Parkinson's	PKB102	
Drug treatments for Parkinson's	PKB013	
Exercise and Parkinson's	PKL039	
Non-motor symptoms questionnaire	PKB117	
Occupational therapy and Parkinson's	PKFS97	
Parkinson's medication card	PKM001	
Parkinson's medication record	PKB145	
Physiotherapy and Parkinson's	PKFS42	
Speech and language therapy and Parkinson's	PKFS07	
Surgery and Parkinson's	PKB123	
Talking to your GP, specialist or Parkinson's nurse about Parkinson's	PKFS71	
Family and carers		
Keeping a diary: for carers	PKFS70	
My Dad has Parkinson's	PKB089	
My Mum has Parkinson's	PKB088	
My Gran has Parkinson's	PKB086	
My Grandad has Parkinson's	PKB087	
The carer's guide	PKB071	
Money and benefits		
Attendance Allowance	PKWB02	
Carer's Allowance	PKWB08	
Disability Living Allowance	PKWB03	
Employment and Support Allowance	PKWB16	
General information about benefits	PKWB01	
Grants and loans	PKWB15	
Help with Council Tax	PKWB12	
Help with getting around	PKWB10	
Help with health costs	PKWB09	
Housing Benefit	PKWB13	
Jobseeker's Allowance	PKWB19	
Pension Credit	PKWB05	
Personal Independence Payment	PKWB20	
Universal Credit	PKWB21	

Resources in other languages and accessible formats are listed together at the end of this form.

Description	Code	Quantity
Going into hospital		
Get It On Time clock poster (A5)	PKB105A	
Get It On Time clock poster (A4)	PKB105B	
Get It On Time stickers (A4, 35 per sheet)	PKB106	
Get It On Time stickers (A5, 15 per sheet)	PKB106A	
Get It On Time washbag	PKB150	Maximum of 10
Going into hospital when you have Parkinson's	PKB182	
Resources for professionals		
Caring for your patient with Parkinson's	PKB030	
Caring for your resident with Parkinson's	PKB114	
Emergency management of patients with Parkinson's	PK0135	
Parkinson's: a guide for home care workers	PKB500	
Signposting from diagnosis postcard	PK0499	
Parkinson's research		
An introduction to taking part in research	PK0421	
Join us - Parkinson's research needs you	PK0468	
<i>Progress</i> magazine (latest copy)	PKB118	
About Parkinson's UK		
Customer feedback postcard	PKM016	
Information resources catalogue	PKB027	
Information resources order form	PKB029	
Membership enquiry booklet and application form	PK0010	
Parkinson's information and support	PKL025	
Recently diagnosed with Parkinson's? A guide to our information resources	PKB023	
We are Parkinson's UK	PK0390	
Fundraising		
In memory flyer	PK0411	
Jewellery recycling envelope	PKB153	
A guide to making a Will and including a gift to Parkinson's UK	PKB168	
Unity lottery leaflet	PKB143	

Description	Code	Quantity
Resources in other languages and formats		
A guide to making a Will – Welsh/English	PKB168W	
Anxiety and Parkinson's – Welsh/English	PKFS96W	
A quick introduction to Parkinson's – Scots Gaelic	PKL001SG	
A quick introduction to Parkinson's – Welsh/English	PKL001W	
Depression and Parkinson's – Welsh/English	PKFS56W	
Eating, swallowing and saliva control in Parkinson's – Welsh/English	PKFS22W	
Fatigue and Parkinson's – Welsh/English	PKFS72W	
Falls and Parkinson's – Welsh/English	PKFS39W	
Freezing in Parkinson's – Welsh/English	PKFS63W	
Impulsive and compulsive behaviour in Parkinson's – Welsh/English	PKFS77W	
Information and support – Hindi	PKL025H	
Information and support – Scots Gaelic	PKL025SG	
Information and support – Tamil	PKL025T	
Information and support – Turkish	PKL025TUR	
Information and support – Welsh/English	PKL025W	
New to Parkinson's? DVD – Bengali	PKV016B	
New to Parkinson's? DVD – Gujarati	PKV016G	
New to Parkinson's? DVD – Hindi	PKV016H	
New to Parkinson's? DVD – Punjabi	PKV016P	
New to Parkinson's? DVD – Sylheti	PKV016S	
New to Parkinson's? DVD – Tamil	PKV016T	
New to Parkinson's? DVD – Urdu	PKV016U	
Parkinson's and you (2 audio CD set)	PKB181AUD	
Parkinson's and you – Cantonese	PKB181C	
Parkinson's and you – Turkish	PKB181T	
Parkinson's and you – Welsh/English	PKB181W	
The carer's guide (3 audio CD set)	PKB071C	
Tremor and Parkinson's – Welsh/English	PKFS94W	
Signposting from diagnosis postcard – Welsh/English	PKO499W	

Donations	Total £
<p>Our resources are free of charge, but if you wish to make a donation, please enter the amount in the column on the right. All donations are gratefully received. Please sign the box below if you wish to give via Gift Aid.</p>	

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This form is up-to-date as of April 2019. Items are subject to availability, and may be withdrawn or replaced. If you'd like to check availability before placing your order, call **0300 123 3689** or email resources@parkinsons.org.uk.

Parkinson's UK, 215 Vauxhall Bridge Road, London SW1V 1EJ
Tel 020 7931 8080 **Fax** 020 7233 9908 **Helpline** 0808 800 0303 **Email** hello@parkinsons.org.uk **Website** parkinsons.org.uk

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